

## FOOD FOR ST. STEPHEN'S AFTER-SCHOOL PROGRAM

### **DROP OFF:**

- Food must be at St. Anne's before noon on the designated day (typically the 3<sup>rd</sup> Wednesday of the month).
- You can leave the food on the island in the kitchen. If you're dropping off a day early, please place food in the refrigerator.
- Be sure to label the food as being for St. Stephen's.

### **SALAD**

- St. Stephen's has serving dishes and utensils so filling a large Ziploc bag works well.
- There are no set rules on what should be in the salad. Consider what your family likes and let that be a guide.
- Please don't include any nuts (since so many people are allergic to them) or bacon.
- If you prefer you can cut up a variety of finger-friendly vegetables (crudités) instead of making a salad.

### **LASAGNA**

- Some volunteers choose to make lasagna, while others take advantage of premade family size lasagnas in the frozen food section. Either way, the lasagna must be fully cooked when it's dropped off at St. Anne's.
- Be sure to use a disposable pan.
- The kids enjoy both meat and vegetarian lasagnas. Please indicate on the pan which kind you've provided.
- It's best to void using pork products (or if you do include them, state it clearly on your label) since the kids and staff come from a variety of backgrounds.

*Thank you for your service!*