



The Good News

St. Anne's in-the-Fields
EPISCOPAL CHURCH

September 2019

From the rector

Friends of St. Anne's,

It is so good to be among you – Katie and I have felt nothing but the warmest of welcomes since joining you in August: from the helping hands moving us in, to the meals prepared, to the special attention and love our dog Hank has received, it's been truly amazing.

Transitions, thresholds, experiences of moving places and undertaking new beginnings provide a unique season for fresh insight. I've long thought the act of moving to be fundamentally spiritual in nature, namely God's attempt to grow in us a deeper patience with uncertainty and change. One would think I would have this lesson down by now, given that Katie and I have moved several times in our 4 years together, but the lesson feels fresh, and the familiar desire seems to well up within each time: to *travel lightly*.



Jesus knew his disciples would be undertaking a lot when he sent them out two-by-two. They would be moving not on a yearly basis, or even monthly, but sometimes it would be a daily routine. His advice to them: travel lightly. You don't need to take much – a pair of shoes, a staff, and a purse – but the main lesson will be to travel light that you might be ready to receive all that God has for you there.

For some of us, this involves a literal Marie Kondo-esque de-cluttering. "Go through what you have so that you discern where the joy is." *Travel lightly*. For others, this is a spiritual practice, perhaps of silent prayer and contemplation, to, through repeated acts of "letting go," practicing a kind of interior lightness where one is empty enough to be filled with the divine presence. The practice could be one of forgiveness, it could be one of service, or as simple as leaving your phone at home when you go for your evening walk. The spiritual pursuit is the same, to travel lightly: what lies ahead of you is so rich that you won't need to carry much.

As your rector beginning this journey with you, I am full of hopes, and desires, and eagerness to grow and to see where God takes this community. The temptation is to pack in the schedule, maintain a rigorous level of productivity, and have the map leading me through life's terrains be my to-do-list. Perhaps you know this temptation. None of these are bad things; of course, I want to be productive, but to do this as someone who can travel lightly. That I leave room for God's surprising presence. To travel lightly is to be someone who can receive the hospitality extended in the moment. That we might be ready to run wherever God is leading. And that we will always hear God's invitation to us as one that is hopeful and lifegiving: "travel lightly, you'll want to be present to each moment of this adventure we are on." Perhaps you can join me in listening to this voice and summons as we embark on another year together.

Gratefully,
Garrett

Worship

Return to 8 and 10 am services on September 8

On Sunday, September 8, we return to two morning services: Holy Eucharist at 8 am and Holy Eucharist with Choir at 10 am. Join us!

Evening service on September 8

Our monthly evening service begins for the new program year on Sunday, September 8 at 5 pm for a service of Taizé Evening Prayer. Join us as we worship through music, scripture, and prayer, catching our breath as we prepare for a new week.

We'll offer another Taizé service at 5 pm on Sunday, October 6.



Join the choir

Do you like to sing? You may enjoy singing with our adult choir. We rehearse every Thursday evening, 7:30-9, and again on Sunday mornings, 9-10. We sing two anthems every Sunday, and offer special music at other times of year such as All Saints, Christmas, and Holy Week.

We go through a great deal of music, so music reading skills are helpful, and our members also practice at home with recordings. Would you like to give it a try? Just come to rehearsal on any Thursday night at 7:30 beginning September 5, and see what you think. Questions? Contact Jay Lane at jay@stanneslincoln.org.



Youth Choir rehearsals after church Sunday mornings

Do you know someone in elementary school who likes to sing? They should try the St. Anne's Youth Choir! Rehearsals are after church, 11:15-11:45, beginning September 15.

Choristers will learn to blend their voices together in unison, to read music and to use the hymnal, and they will also pick up all kinds of bits and pieces about liturgy, leadership in worship, and even theology! Please [contact Jay Lane](#) if you know someone who is interested—he will adjust the activities to suit the age group. This choir will sing in church occasionally as their comfort level and schedules allow. Not sure? Try it out!

Formation

Sunday School Open House: September 8 at 9 am

“I am the vine, you are the branches” —John 15:5

Don't miss this annual opening day to gather with your teens and children in Flint Hall to reconnect over colorful and creative activities. We know that beginning a new year of school comes with some shyness and nerves, and at St. Anne's we are ready to remind parents and students that church family wants to support you with smiles and laughs and prayer and wonderment -- and almost never a minute of "homework."

On his second Sunday as our new Rector, Garrett reminded us of the powerful call of keeping the Sabbath. He urged us to spend face-to-face time with one another, putting down the cares of a work week and deliberately offering our attention to playing and praying.

So come. Bring your whole family, sit with our priests and teachers and make something beautiful to decorate our sanctuary as we begin a new year committed to each other -- the branches and fruit of the one True Vine, of all ages, schools, and towns. We cannot wait to see you all back at St. Anne's again and to hear about your summer wanderings and new wonderings!



Peace,

Sarah Jennings

with Jen Varney, Sue Vollaro, Patrice Barton, Tricia Crockett, and the Rev. Greg Johnston

Sunday School schedule

September 8: Sunday School Open House and Registration

September 15: Atrium (preK-6) and Jesus Project (7th-8th)

September 22: Atrium, Jesus Project, Teen Formation (9th-12th)

September 29: Atrium, Jesus Project

Teen Formation

This fall, St. Anne's is beginning a new Teen Formation program, meeting on Sunday evenings at 6 pm about twice a month. While the core of this group will be the recently-confirmed students (a group of six students in 9th grade and one in 10th grade), all high schoolers have been invited to join them.

The goal is to help our teenagers take leadership over some part of their experience at St. Anne's, and they've already asked to focus on worship leadership and some kind of community service. This fall, we'll be meeting for dinner and to spend time together on September 22, October 6, October 27, November 3, November 24, December 1, and December 22.

If you know a high schooler who would like to join us, or if you're looking for a way to help this new community form, you can contact Greg at greg@stanneslincoln.org.

The Green News

"The Green News" is an insert for St. Anne's monthly publication *The Good News*.
Questions? Contact Jennie Cook, Parish Administrator, at jennie@stanneslincoln.org or 781.259.8834.

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How Green Is Our Rector?: An Interview with Garrett

I had the exciting occasion to sit down with St. Anne's brand-new rector, The Rev. Garrett Yates, to learn about his thoughts on climate change and sustainability.

Okay, so what's your personal "elevator speech" on the subject of climate change? (laughs) Hmm... well, I had never thought there was an issue so political, moral, spiritual, and social until I confronted climate change.

Whoa! What do you mean by that, like, how is it "moral"? It's moral because it affects those living in coastal areas, in politically-fragile environments, our future generations, the "least of these" - it requires the "moral imagination" to put ourselves in the shoes of the most vulnerable.

Where do you see these views intersect with the Episcopal Church - both theologically and administratively?

At communion! Communion is where our material-created life is offered to God in prayer. It's the offering of the basic elements of creation, "grain and grape" - a thank you (the meaning of "eucharist") for the Earth's resources, a humble acknowledgement of how we've mishandled them, and a prayer that we see all of creation, as we see the communion elements, as shot through with God's life.

Tell me about this "Environmental Stewardship Team" you were a part of at your old church, St. Paul's. We were twelve people stirred into action by the Pope's *Laudata Si*. We were struck that the Pope framed his encyclical in the language of "praise" - *laudato* - suggesting that our response to this call [of sustainability] was a part of our spiritual worship as Christians. The team members brought so many different perspectives and skill sets: there was a retired professional who drove a school bus by day and taught classes on climate change in local libraries in the evenings; we had lawyers, engineers, retirees, and even someone in the oil and gas business. Our initial work was to make our worship space greener, but in the last year we moved toward how to equip parishioners to live more climate consciously daily.

How did y'all implement green strategies into the daily workings of St. Paul's? We got rid of all the styrofoam in the kitchen, installed motion lights, LEDs... It started with a capital campaign specifically for sustainable efforts - we raised \$250K, and we spent it on insulating all the windows and installing solar panels. We also hosted film screenings on matters pertaining to living more sustainably, most recently partnering with our local state representative to screen a film on single-use plastics. We were able to draw together important voices in the community to raise awareness of all the exciting initiatives happening around us. Key for us was for the parish to feel that we were joining a community-wide movement, not simply re-creating the wheel for ourselves.

What types of things do you and Katie do at home? We're committed to being a one-car family, and we try to take public transportation whenever possible. We've also started to eat more consciously by focusing on plant-based meals. We use natural cleaning supplies, and we unplug our phones and try not to watch tons and tons of television, and we go for lots of walks!

Considering you don't yet know what we've done around here, off the top of your head, what three things would you like to see St. Anne's do on the sustainability front? Well, to continue to be a leader in this community on this conversation. A natural next step would be solar panels. And probably something to do with giving people the spiritual resources to face the challenge with bold urgency and hope. That is, to make it clear our actions on behalf of the Earth are a part of our spiritual worship, and that God is with us in this work.



Cape Air Tests the Future of Electric Planes

By 2023, you might be able to fly to Nantucket for \$30! How?! Go ask "Alice"... Alice is an electric, battery-operated plane which debuted at the Paris Air Show this summer. She's also the future of local regional carrier Cape Air, who pre-ordered an Alice for expected service around Massachusetts within three to four years!

"The preliminary numbers look like the direct operating costs are going to be about 40% of what we're currently spending," said Cape Air CEO Dan Wolf. "The maintenance will be lower because you're dealing with a very simple electric motor versus a very complex carbon fuel-burning engine. And you're dealing with electricity, which ultimately should be cheaper than fuel." Alice will be lot friendlier to the environment than traditional planes, which emit 2% of global greenhouse gases.

The nine-passenger plane's lightweight composite body has three battery-powered engines, one on each wing tip and one on the tail. These lithium ion (L-Ion) batteries provide instant power to the rear-facing propellers, meaning Alice could take off on shorter runways, fly 50% faster and farther than a Cessna, and be quieter. The L-Ion batteries last about two years, and have a range of 650 miles per charge, meaning an Alice flight could cover a good portion of Cape Air's current territory which includes not only Cape Cod and the Islands, but the greater New England area.

Wolf says Cape Air is hoping to procure energy from the proposed wind project Vineyard Wind, but he's also investigating how to capture renewable electricity from Cape Air's own solar output, installed over ten years ago. In fact, Alice is a progression of the company's longtime and overall commitment to sustainability - it is the largest solar provider in the Commonwealth - the plan is to reuse spent batteries on the ground as back-up for planes to plug into. "We recognize the immediate need to address climate change, and are very interested in reducing our carbon footprint," Wolf said.



Strike for Climate Change!



During the week of September 20-27, millions of students will walk out of schools around the world as part of "Schools Strike for Climate" (SSFC). Why? In the words founder by Greta Thunberg, "Our house is on fire — let's act like it." SSFC — also known as "Fridays for Future," is an international movement of students demanding action to prevent further global warming and mitigate climate change. Seeing their participation in school as the source of their power — in many countries, like the U.S., a school's funding is based on how many student attend each day (i.e., fewer students equals less money) — students have organized more than 2200 strikes around the world, asking schools to incorporate the science of climate change in their curricula, lawmakers to enact "green" legislation with immediacy, and businesses to change their practices in sustainable ways. "We demand climate justice for everyone," Thunberg has often stated, claiming that today's children are taking up the climate justice mantel because their adults are failing them. Many areas schools and parishioners are joining the effort on Friday, September 27, with events that now encompass walk-outs from businesses and homes. St. Anne's is looking to participate by marching on the Massachusetts State House: if you are interested in joining our group, please contact Jennie.

Match the Stat

Which number responds to which statistic on climate change?

- | | |
|------|---|
| 408 | Parts per million of carbon dioxide in the Earth's atmosphere, the largest in 3 million years (conservation.org). |
| 140 | Billion tons of ice lost in Greenland and Antartica each year since 1993 due to global warming (NASA). |
| 384 | Trees' worth of toilet paper the average American flushes over the course of their lifetime (Sierra Club). |
| 60 | Number of residents left Isle Jean Charles, LA, the first "refugees" of climate change (CBS News). |
| 1.62 | Number of degrees the average surface temperature of our planet has risen since 1900 (NASA). |
| 4.5 | Billion people on Earth who lack safe sanitation services (World Health Organization). |
| 346 | Average number of plastic bottles purchased by each American shopper in a year (National Geographic Society). |
| 9 | Percent of all plastic ever created that has actually been recycled (Great Britain Statistical Society). |
| 175 | Number of countries' leaders who signed the Paris Agreement on Earth Day 2016, the largest number of treaty signataries on a single day (United Nations). |

Answers actually appear in order. :)

Upcoming Adult Forums

September 15: **Meet Garrett – A Conversation with Our Rector**

September 22: **Sabbath – Reclaiming Rest in a Restless World**

September 29: **“Connected, But Alone?” Community, Conversation, and the Digital Age**

October 6: **How to Use Facebook without Losing Your Identity** (Tricia Crockett and Peter Caswell)

October 13: *No Forum*

Plans for a Men’s Fall Retreat

A men’s weekend retreat is being planned for this fall, with the goals of strengthening the collegueship among men of St. Anne’s and discovering together how to live more prayerful lives. This continues an emerging St. Anne’s practice, with successful retreats held at St. John the Evangelist Monastery, Cambridge, in 2017 and Bethany House, Arlington, in 2018.

Returning participants are welcoming other men of St. Anne’s to share in this special form of fellowship and spiritual renewal. Current plans are to hold the retreat at Bethany House, Arlington, during the weekend of Nov 8-10, 2019. Updates will be shared in future issues of *The Good News*, in the weekly parish emails, and in Sunday morning announcements.

If you would like more information, please contact Mike Balin (mikebalin@gmail.com), Jon Small (smallj366@gmail.com), or Dave Gronewold (dagronewold@gmail.com).



Join Women’s Bible Study in the fall on Thursday mornings!

The Women’s Bible Study starts on Thursday, September 19, at 10-11:30 am in the St. Anne’s Library, and all women are welcome. If you plan to attend for the first time, please contact Kay Peterson (kaypeterson32@aol.com).

Meet your vestry

Member Karen McLaughlin

Hi! My home is Wellesley and I work as a software developer for The TJX Companies which owns TJMaxx, Marshalls, HomeGoods, HomeSense, etc. Life with St. Anne’s began at my wedding, but my life as an active congregant did not begin until I started attending services with my infant daughter.

My relationships in St. Anne’s were established and enriched through my service over the years as a Sunday School teacher, an earlier stint on the Vestry, Altar Guild, and, my ultimate joy, singing in the choir.

I am honored to again serve on the Vestry. It is with the congregation’s input that the Vestry is able to do its best job. I look forward hearing your concerns and suggestions for continuing St. Anne’s good works and how to be our best as a welcoming, inviting community.



Outreach

Annual pencil case collection is September's Swift to Love

It is time for our 8th Annual Pencil Case Donation to the St. Stephen's Youth Programs! We hope to fill approximately 90 boxes and zipper pouches for grades K-5 and grades 6-8. In addition, the loose-plate collection (all money in the plate not designated as a pledge) on September 22 will benefit St. Stephen's Youth Programs as part of our Swift to Love collection.

Lists

Please use these shopping lists and bring your donations to church.

Pencil Box items (grades K-5)

- one box of #2 pencils (quantity 12)
- an extra eraser
- a glue stick
- box 24 crayons
- box 8-12 colored pencils
- blunt tip student scissors

Zipper Pouch items (grades 6-8)

- 3-4 pens (regular and/or colored gel pens)
- a highlighter
- Sm. pkg of #2 pencils or mechanical pencils
- a glue stick
- 1 box 8-12 colored pencils
- pencil sharpener

Cases

Empty cases are located in the entryway. We try to keep these gifts very similar for the students, so please use provided cases and follow the list as close as you can. Thank you for your help! Invite your friends to join this project — and to join us at St. Anne's.

Deadline and contact

Cases are due back by September 15. Contact Sue Vollaro (suvollaro@yahoo.com) with any questions. Peace, thanks, and happy shiny-new-school-supply shopping!

Thank you!

Extra grounds spruce-up

A huge and heartfelt thank you to Gary Poisson, Anne Tisdale Ashford, Carolyn Pratt, Tica de Moor, Selina Rossiter, Elizabeth Cherniak, and Sarah Hubbell for their help in sprucing up both the rectory and church grounds. Our campus looks so much better because of your efforts. Thank you!



B-SAFE 2019

It was another productive summer for youth in Boston who attended the Bishop's Summer Academic, Fun and Enrichment Program (B-SAFE). B-SAFE is a five-week, full-day academic and enrichment program serving young people from first grade through high school. The goal of the program is to build a community where all people feel safe, feel big, and feel connected.

St. Anne's supported this program for the week of July 29th with delicious meals prepared by our parishioners and organized a field trip to Beaver Brook Reservation on August 2nd. The weather was

perfect, and the youth had a wonderful time splashing at the spray deck, playing games, taking a nature walk, making super hero medals and sand art projects, eating a yummy lunch, and selecting their own treat from an ice cream truck! Special thanks to an anonymous parishioner who paid for the ice cream truck!

We are so grateful to everyone who helped support this week. Whether it was to donate non-perishable food, cook, serve lunch, make sandwiches, bake cookies and brownies, or cheer us on— we thank you! Many hands make this possible. We would like to acknowledge our daily captains: Sarah Jennings (Monday), Sarah Hubbell (Tuesday), Gary Poisson and Maria Rose (Wednesday), and Patrice Barton (Thursday) – with your leadership we are able to build a successful week together! Special thanks also go to Sue Martin, Kay Peterson, and Melissa Ritchie for helping to make our Friday field trip so awesome! We couldn't do it without you!

Thank you all for sharing your time, talent, and treasure with Boston youth this summer.

– Maria Rose and Patrice Barton



Save these dates

Blessing of the Animals October 6 at 10 am

So out of the ground the Lord God formed every animal of the field and every bird of the air —Genesis 2:19

The blessing of pets and animals is often celebrated on or near October 4, the feast day of St. Francis of Assisi, the patron saint of animals and nature. This October 6 the Sanctuary will again be filled with yips, yaps, mewls, and chirps during the 10 am service. Everyone is invited to bring a real pet (on a leash or in a carrier), a favorite stuffed animal, or a picture of a beloved companion to be blessed and appreciated.

For those with allergies or those who are just not animal fans, the 8 am service will be a regular Holy Eucharist.



Photo by Anne Jones

TA-DA! on Friday, October 18



St. Anne's is hosting a multi-faceted event on Friday, October 18, and we need your help to make it a success.

- First, we want to welcome Garrett and Katie Yates, our new rector and his wife, with a parish-wide party.
- Second, we want to showcase some talented parishioners in a multi-generational talent show.
- Third, we want to raise funds with an auction to help balance this year's budget.

Do you have a talent or treasure to share? So far, donated items range from 5 hours of gardening help to a sailboat cruise, a Rhode Island beach house, and an upright piano, but we need more!

Stay tuned for further details but save the date now: Friday, October 18 in the evening.

Contact Gary Poisson (garypoisson@gmail.com) for talent ideas/questions, Estella Haines (hainespe@verizon.net) for auction ideas/questions, and Sarah Hubbell (svhubbell@gmail.com) for party planning/general questions.

Crop Walk for Hunger is Sunday, October 20 at 1:30 pm

Join us for this annual fall fundraiser to bolster local food pantries and provide aid for Church World Service with faith and school groups from surrounding communities. We step off from First Parish in Concord Center. This will be our October Swift to Love outreach campaign, and we'd love to grow our team from last year's 13 walkers.

September key dates

For our full calendar, including non-parish events such as rentals, community meetings, and concerts, visit our website: www.stanneslincoln.org/calendar. We update the calendar daily, so please check it often!

Wednesday, September 4

8:30 am, Men's Group

Thursday, September 5

7:30 pm, Adult Choir Rehearsal

Sunday, September 8

8 am, Holy Eucharist
9 am, Sunday School Open House & Registration
10 am, Holy Eucharist with Choir and
Blessing of Students and Educators
11 am, Welcome Back Coffee Hour
hosted by Kay Peterson
5 pm, Taizé Evening Prayer

Tuesday, September 10

2 pm, Church Service League

Wednesday, September 11

8:30 am, Men's Group

Thursday, September 12

7:30 pm, Adult Choir Rehearsal

Sunday, September 15

8 am, Holy Eucharist
9 am, Forum: Meet Garrett
9 am, Sunday School: Atrium and The Jesus Project
10 am, Holy Eucharist with Choir
11 am, Coffee Hour
11:15 am, Youth Choir Rehearsal

Wednesday, September 18

8:30 am, Men's Group

Thursday, September 19

10 am, Women's Bible Study
7:30 pm, Adult Choir Rehearsal

Sunday, September 22

8 am, Holy Eucharist
9 am, Forum: Sabbath: Reclaiming Rest
9 am, Sunday School: Atrium and The Jesus Project
10 am, Holy Eucharist with Choir
11 am, Coffee Hour
11:15 am, Youth Choir Rehearsal
6:30 pm, Teen Formation

Monday, September 23

6:30 pm, St. Anne's Women's Book Group

Wednesday, September 26

8:30 am, Men's Group

Thursday, September 27

10 am, Women's Bible Study
7:30 pm, Adult Choir Rehearsal

Sunday, September 29

8 am, Holy Eucharist
9 am, Forum: "Connected but Alone"
9 am, Sunday School: Atrium and The Jesus Project
10 am, Holy Eucharist with Choir
11 am, Coffee Hour
11:15 am, Youth Choir Rehearsal

Staff

Jay Lane, Director of Music • Sarah Jennings, Director of Children's Formation
Kristina DeFrancesco, Director of Communications • Jennie Cook, Parish Administrator
Elizabeth Thompson, Finance Manager • Salma Semakula, Sunday Sexton
The Reverend Greg Johnston, Curate • The Reverend Garrett Yates, Rector

Vestry

Peter Caswell, Senior Warden • Carol Lovell Carmody, Junior Warden • Lindsey Parker, Treasurer
Sarah Hubbell, Clerk • Walter Colman • Rebecca Schoff Curtin • Estella Haines
Paul LoVecchio • Karen McLaughlin • Gary Poisson • Al Rossiter • Jon Small



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